

Base Menu Spreadsheet

Portion Values

Jan 4, 2021 thru Jan 29, 2021

Menu Name: Hybrid Lunch Middle School

Include Cost: No

Site:

Report Style: Detailed

Monday - 01/04/2021

Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
990133 Rich Chicks 54404 Chicken & Waffle Sandwich IW WG	Each	1000	270	590	5	25.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
900156 Carrots baby raw bag 2.6 oz	EACH	1000	30	35	*N/A*	6.93
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	500	120	150	19	22.00
Weighted Daily Average			480	781	*33	65.57
% of Calories					*27.5%	54.6%
Weekly Nutrient Guideline			600 - 700	1360		

Tuesday - 01/05/2021

Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
000717 Cabo Primo 71571 Burrito B/C Ultra	Each	1000	298	411	2	39.12
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
900156 Carrots baby raw bag 2.6 oz	EACH	1000	30	35	*N/A*	6.93

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000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	500	120	150	19	22.00
Weighted Daily Average			508	601	*30	79.69
% of Calories					*23.6%	62.7%
Weekly Nutrient Guideline			600 - 700	1360		

Wednesday - 01/06/2021

Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
990131 Tony's Galaxy Pizza Cheese IW	Each	1000	280	410	8	26.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
900156 Carrots baby raw bag 2.6 oz	EACH	1000	30	35	*N/A*	6.93
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	500	120	150	19	22.00
Weighted Daily Average			490	601	*36	66.57
% of Calories					*29.4%	54.3%
Weekly Nutrient Guideline			600 - 700	1360		

Thursday - 01/07/2021

Reimbursable Meal Total 1000

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Jan 4, 2021 thru Jan 29, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
990132 Rich Chicks 54403 Chicken Tender w/breadstick	Each	1000	270	515	0	25.00
900156 Carrots baby raw bag 2.6 oz	EACH	1000	30	35	*N/A*	6.93
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	500	120	150	19	22.00
Weighted Daily Average			480	706	*28	65.57
% of Calories					*23.3%	54.6%
Weekly Nutrient Guideline			600 - 700	1360		

Friday - 01/08/2021

Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
990137 La Vencedora ELR2-150 Tortilla Chips IW	Each	1000	280	300	0	31.00
990136 Land O' Lakes 34500 Cheddar Cheese Dip Cup	Each	1000	190	570	10	14.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
900156 Carrots baby raw bag 2.6 oz	EACH	1000	30	35	*N/A*	6.93
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00

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Jan 4, 2021 thru Jan 29, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
900024 Crystal Milk Choc Non fat	8 oz	500	120	150	19	22.00
Weighted Daily Average			680	1061	*39	85.57
% of Calories					*22.9%	50.3%
Weekly Nutrient Guideline			600 - 700	1360		

Monday - 01/11/2021

Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
990133 Rich Chicks 54404 Chicken & Waffle Sandwich IW WG	Each	1000	270	590	5	25.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
900156 Carrots baby raw bag 2.6 oz	EACH	1000	30	35	*N/A*	6.93
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	500	120	150	19	22.00
Weighted Daily Average			480	781	*33	65.57
% of Calories					*27.5%	54.6%
Weekly Nutrient Guideline			600 - 700	1360		

Tuesday - 01/12/2021

Reimbursable Meal Total 1000

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Portion Values

Jan 4, 2021 thru Jan 29, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
000717 Cabo Primo 71571 Burrito B/C Ultra	Each	1000	298	411	2	39.12
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
900156 Carrots baby raw bag 2.6 oz	EACH	1000	30	35	*N/A*	6.93
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	500	120	150	19	22.00
Weighted Daily Average			508	601	*30	79.69
% of Calories					*23.6%	62.7%
Weekly Nutrient Guideline			600 - 700	1360		

Wednesday - 01/13/2021

Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
990131 Tony's Galaxy Pizza Cheese IW	Each	1000	280	410	8	26.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
900156 Carrots baby raw bag 2.6 oz	EACH	1000	30	35	*N/A*	6.93
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
900024 Crystal Milk Choc Non fat	8 oz	500	120	150	19	22.00
Weighted Daily Average			490	601	*36	66.57
% of Calories					*29.4%	54.3%
Weekly Nutrient Guideline			600 - 700	1360		

Thursday - 01/14/2021

Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
990132 Rich Chicks 54403 Chicken Tender w/breadstick	Each	1000	270	515	0	25.00
900156 Carrots baby raw bag 2.6 oz	EACH	1000	30	35	*N/A*	6.93
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	500	120	150	19	22.00
Weighted Daily Average			480	706	*28	65.57
% of Calories					*23.3%	54.6%
Weekly Nutrient Guideline			600 - 700	1360		

Friday - 01/15/2021

Reimbursable Meal Total 1000

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Portion Values

Jan 4, 2021 thru Jan 29, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
990137 La Vencedora ELR2-150 Tortilla Chips IW	Each	1000	280	300	0	31.00
990136 Land O' Lakes 34500 Cheddar Cheese Dip Cup	Each	1000	190	570	10	14.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
900156 Carrots baby raw bag 2.6 oz	EACH	1000	30	35	*N/A*	6.93
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	500	120	150	19	22.00
Weighted Daily Average			680	1061	*39	85.57
% of Calories					*22.9%	50.3%
Weekly Nutrient Guideline			600 - 700	1360		

Tuesday - 01/19/2021

Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
000717 Cabo Primo 71571 Burrito B/C Ultra	Each	1000	298	411	2	39.12
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
900156 Carrots baby raw bag 2.6 oz	EACH	1000	30	35	*N/A*	6.93
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00

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Portion Values

Jan 4, 2021 thru Jan 29, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
900024 Crystal Milk Choc Non fat	8 oz	500	120	150	19	22.00
Weighted Daily Average			508	601	*30	79.69
% of Calories					*23.6%	62.7%
Weekly Nutrient Guideline			600 - 700	1360		

Wednesday - 01/20/2021

Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
990131 Tony's Galaxy Pizza Cheese IW	Each	1000	280	410	8	26.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
900156 Carrots baby raw bag 2.6 oz	EACH	1000	30	35	*N/A*	6.93
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	500	120	150	19	22.00
Weighted Daily Average			490	601	*36	66.57
% of Calories					*29.4%	54.3%
Weekly Nutrient Guideline			600 - 700	1360		

Thursday - 01/21/2021

Reimbursable Meal Total 1000

Base Menu Spreadsheet

Portion Values

Jan 4, 2021 thru Jan 29, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
990132 Rich Chicks 54403 Chicken Tender w/breadstick	Each	1000	270	515	0	25.00
900156 Carrots baby raw bag 2.6 oz	EACH	1000	30	35	*N/A*	6.93
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	500	120	150	19	22.00
Weighted Daily Average			480	706	*28	65.57
% of Calories					*23.3%	54.6%
Weekly Nutrient Guideline			600 - 700	1360		

Friday - 01/22/2021

Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
990137 La Vencedora ELR2-150 Tortilla Chips IW	Each	1000	280	300	0	31.00
990136 Land O' Lakes 34500 Cheddar Cheese Dip Cup	Each	1000	190	570	10	14.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
900156 Carrots baby raw bag 2.6 oz	EACH	1000	30	35	*N/A*	6.93
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
900024 Crystal Milk Choc Non fat	8 oz	500	120	150	19	22.00
Weighted Daily Average			680	1061	*39	85.57
% of Calories					*22.9%	50.3%
Weekly Nutrient Guideline			600 - 700	1360		

Monday - 01/25/2021

Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
990133 Rich Chicks 54404 Chicken & Waffle Sandwich IW WG	Each	1000	270	590	5	25.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
900156 Carrots baby raw bag 2.6 oz	EACH	1000	30	35	*N/A*	6.93
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	500	120	150	19	22.00
Weighted Daily Average			480	781	*33	65.57
% of Calories					*27.5%	54.6%
Weekly Nutrient Guideline			600 - 700	1360		

Tuesday - 01/26/2021

Reimbursable Meal Total 1000

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Portion Values

Jan 4, 2021 thru Jan 29, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
000717 Cabo Primo 71571 Burrito B/C Ultra	Each	1000	298	411	2	39.12
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
900156 Carrots baby raw bag 2.6 oz	EACH	1000	30	35	*N/A*	6.93
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	500	120	150	19	22.00
Weighted Daily Average			508	601	*30	79.69
% of Calories					*23.6%	62.7%
Weekly Nutrient Guideline			600 - 700	1360		

Wednesday - 01/27/2021

Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
990131 Tony's Galaxy Pizza Cheese IW	Each	1000	280	410	8	26.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
900156 Carrots baby raw bag 2.6 oz	EACH	1000	30	35	*N/A*	6.93
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
900024 Crystal Milk Choc Non fat	8 oz	500	120	150	19	22.00
Weighted Daily Average			490	601	*36	66.57
% of Calories					*29.4%	54.3%
Weekly Nutrient Guideline			600 - 700	1360		

Thursday - 01/28/2021

Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
990132 Rich Chicks 54403 Chicken Tender w/breadstick	Each	1000	270	515	0	25.00
900156 Carrots baby raw bag 2.6 oz	EACH	1000	30	35	*N/A*	6.93
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	500	120	150	19	22.00
Weighted Daily Average			480	706	*28	65.57
% of Calories					*23.3%	54.6%
Weekly Nutrient Guideline			600 - 700	1360		

Friday - 01/29/2021

Reimbursable Meal Total 1000

Base Menu Spreadsheet

Portion Values

Jan 4, 2021 thru Jan 29, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
990137 La Vencedora ELR2-150 Tortilla Chips IW	Each	1000	280	300	0	31.00
990136 Land O' Lakes 34500 Cheddar Cheese Dip Cup	Each	1000	190	570	10	14.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
900156 Carrots baby raw bag 2.6 oz	EACH	1000	30	35	*N/A*	6.93
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900024 Crystal Milk Choc Non fat	8 oz	500	120	150	19	22.00
Weighted Daily Average			680	1061	*39	85.57
% of Calories					*22.9%	50.3%
Weekly Nutrient Guideline			600 - 700	1360		

			Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
Weighted Averages			530	748	*33	72.96
% of Calories					*24.9%	55.1%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.