

# Base Menu Spreadsheet

## Portion Values

**Menu Name:** Hybrid Breakfast

**Include Cost:** No

**Site:**

**Report Style:** Detailed

### Monday - 01/04/2021

**Reimbursable Meal Total 1000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
900216 J&J 40401 BeneFIT Bar	Each	1000	290	240	22	47.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900227 Crystal NonFat White Milk 8 oz	EACH	500	90	130	13	13.00
Weighted Daily Average			455	386	47	76.14
% of Calories					41.3%	66.9%
Weekly Nutrient Guideline			400 - 500	540		

### Tuesday - 01/05/2021

**Reimbursable Meal Total 1000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
990134 Snack N Waffles Buttery Maple WG IW	Each	1000	250	290	15	37.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
900227 Crystal NonFat White Milk 8 oz	EACH	500	90	130	13	13.00
Weighted Daily Average			415	436	40	66.14
% of Calories					38.6%	63.7%
Weekly Nutrient Guideline			400 - 500	540		

### Wednesday - 01/06/2021

Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
990031 General Mills 38387 Cinnamon Chex Bowlpak	bowl	1000	110	170	7	23.00
000376 MJM 404001 Vanilla WG Grhm bear	EACH	1000	120	95	6	21.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900227 Crystal NonFat White Milk 8 oz	EACH	500	90	130	13	13.00
Weighted Daily Average			395	411	38	73.14
% of Calories					38.5%	74.1%
Weekly Nutrient Guideline			400 - 500	540		

### Thursday - 01/07/2021

Reimbursable Meal Total 1000

# Base Menu Spreadsheet

## Portion Values

Jan 4, 2021 thru Jan 29, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
000883 Pillsbury 133686 Mini Cinnis	Each	1000	240	300	15	40.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900227 Crystal NonFat White Milk 8 oz	EACH	500	90	130	13	13.00
Weighted Daily Average			405	446	40	69.14
% of Calories					39.5%	68.3%
Weekly Nutrient Guideline			400 - 500	540		

### Friday - 01/08/2021

**Reimbursable Meal Total 1000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
990135 Pancakes Blueberry 626 Mini WG IW	Each	1000	200	230	13	36.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900227 Crystal NonFat White Milk 8 oz	EACH	500	90	130	13	13.00
Weighted Daily Average			365	376	38	65.14
% of Calories					41.6%	71.4%
Weekly Nutrient Guideline			400 - 500	540		

### Monday - 01/11/2021

**Reimbursable Meal Total 1000**

# Base Menu Spreadsheet

## Portion Values

Jan 4, 2021 thru Jan 29, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
900216 J&J 40401 BeneFIT Bar	Each	1000	290	240	22	47.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900227 Crystal NonFat White Milk 8 oz	EACH	500	90	130	13	13.00
Weighted Daily Average			455	386	47	76.14
% of Calories					41.3%	66.9%
Weekly Nutrient Guideline			400 - 500	540		

### Tuesday - 01/12/2021

Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
990134 Snack N Waffles Buttery Maple WG IW	Each	1000	250	290	15	37.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900227 Crystal NonFat White Milk 8 oz	EACH	500	90	130	13	13.00
Weighted Daily Average			415	436	40	66.14
% of Calories					38.6%	63.7%
Weekly Nutrient Guideline			400 - 500	540		

### Wednesday - 01/13/2021

Reimbursable Meal Total 1000

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
990031 General Mills 38387 Cinnamon Chex Bowlpak	bowl	1000	110	170	7	23.00
000376 MJM 404001 Vanilla WG Grhm bear	EACH	1000	120	95	6	21.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900227 Crystal NonFat White Milk 8 oz	EACH	500	90	130	13	13.00
Weighted Daily Average			395	411	38	73.14
% of Calories					38.5%	74.1%
Weekly Nutrient Guideline			400 - 500	540		

Thursday - 01/14/2021

Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
000883 Pillsbury 133686 Mini Cinnis	Each	1000	240	300	15	40.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
900227 Crystal NonFat White Milk 8 oz	EACH	500	90	130	13	13.00
Weighted Daily Average			405	446	40	69.14
% of Calories					39.5%	68.3%
Weekly Nutrient Guideline			400 - 500	540		

### Friday - 01/15/2021

**Reimbursable Meal Total 1000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
990135 Pancakes Blueberry 626 Mini WG IW	Each	1000	200	230	13	36.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900227 Crystal NonFat White Milk 8 oz	EACH	500	90	130	13	13.00
Weighted Daily Average			365	376	38	65.14
% of Calories					41.6%	71.4%
Weekly Nutrient Guideline			400 - 500	540		

### Tuesday - 01/19/2021

**Reimbursable Meal Total 1000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
990134 Snack N Waffles Buttery Maple WG IW	Each	1000	250	290	15	37.00

# Base Menu Spreadsheet

## Portion Values

000180 Apple -198 Count	EACH	1000	55	1	11	14.64
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900227 Crystal NonFat White Milk 8 oz	EACH	500	90	130	13	13.00
Weighted Daily Average			415	436	40	66.14
% of Calories					38.6%	63.7%
Weekly Nutrient Guideline			400 - 500	540		

### Wednesday - 01/20/2021

Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
990031 General Mills 38387 Cinnamon Chex Bowlpak	bowl	1000	110	170	7	23.00
000376 MJM 404001 Vanilla WG Grhm bear	EACH	1000	120	95	6	21.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900227 Crystal NonFat White Milk 8 oz	EACH	500	90	130	13	13.00
Weighted Daily Average			395	411	38	73.14
% of Calories					38.5%	74.1%
Weekly Nutrient Guideline			400 - 500	540		

### Thursday - 01/21/2021

Reimbursable Meal Total 1000

# Base Menu Spreadsheet

## Portion Values

Jan 4, 2021 thru Jan 29, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
000883 Pillsbury 133686 Mini Cinnis	Each	1000	240	300	15	40.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900227 Crystal NonFat White Milk 8 oz	EACH	500	90	130	13	13.00
Weighted Daily Average			405	446	40	69.14
% of Calories					39.5%	68.3%
Weekly Nutrient Guideline			400 - 500	540		

### Friday - 01/22/2021

### Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
990135 Pancakes Blueberry 626 Mini WG IW	Each	1000	200	230	13	36.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900227 Crystal NonFat White Milk 8 oz	EACH	500	90	130	13	13.00
Weighted Daily Average			365	376	38	65.14
% of Calories					41.6%	71.4%
Weekly Nutrient Guideline			400 - 500	540		

### Monday - 01/25/2021

### Reimbursable Meal Total 1000



# Base Menu Spreadsheet

## Portion Values

Jan 4, 2021 thru Jan 29, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
900216 J&J 40401 BeneFIT Bar	Each	1000	290	240	22	47.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900227 Crystal NonFat White Milk 8 oz	EACH	500	90	130	13	13.00
Weighted Daily Average			455	386	47	76.14
% of Calories					41.3%	66.9%
Weekly Nutrient Guideline			400 - 500	540		

### Tuesday - 01/26/2021

Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
990134 Snack N Waffles Buttery Maple WG IW	Each	1000	250	290	15	37.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900227 Crystal NonFat White Milk 8 oz	EACH	500	90	130	13	13.00
Weighted Daily Average			415	436	40	66.14
% of Calories					38.6%	63.7%
Weekly Nutrient Guideline			400 - 500	540		

### Wednesday - 01/27/2021

Reimbursable Meal Total 1000

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
990031 General Mills 38387 Cinnamon Chex Bowlpak	bowl	1000	110	170	7	23.00
000376 MJM 404001 Vanilla WG Grhm bear	EACH	1000	120	95	6	21.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900227 Crystal NonFat White Milk 8 oz	EACH	500	90	130	13	13.00
Weighted Daily Average			395	411	38	73.14
% of Calories					38.5%	74.1%
Weekly Nutrient Guideline			400 - 500	540		

**Thursday - 01/28/2021**

**Reimbursable Meal Total 1000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
000883 Pillsbury 133686 Mini Cinnis	Each	1000	240	300	15	40.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00

# Base Menu Spreadsheet

## Portion Values

Jan 4, 2021 thru Jan 29, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
900227 Crystal NonFat White Milk 8 oz	EACH	500	90	130	13	13.00
Weighted Daily Average			405	446	40	69.14
% of Calories					39.5%	68.3%
Weekly Nutrient Guideline			400 - 500	540		

### Friday - 01/29/2021

Reimbursable Meal Total 1000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
990135 Pancakes Blueberry 626 Mini WG IW	Each	1000	200	230	13	36.00
000180 Apple -198 Count	EACH	1000	55	1	11	14.64
000366 Crystal Milk 1% White 8 oz	8 OZ	500	130	160	15	16.00
900227 Crystal NonFat White Milk 8 oz	EACH	500	90	130	13	13.00
Weighted Daily Average			365	376	38	65.14
% of Calories					41.6%	71.4%
Weekly Nutrient Guideline			400 - 500	540		

	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)
Weighted Averages	404	412	40	69.61
% of Calories			39.6%	68.9%

# Base Menu Spreadsheet

Buckeye Union School District

Portion Values

Jan 4, 2021 thru Jan 29, 2021

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*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*

*<sup>1</sup> - denotes required nutrient values*

*<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

**NOTICE:** *The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*